

Earth Body Spirit ~Practical Spirituality

Thursday, October 26

7:00 pm

Topic: Ageless in Aging “The Art of Living Wisely”

(Next session: November 23)



Grace Lutheran Church

1107 Main St. W.

(corner of Main and Cline S)

Hamilton, L8S 1B8

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Presenter: Loretta Jaunzarins

describes herself as a soil and soul gardener with years of experience integrating the physicalness of the many gardens she has designed and created with the mind and spirit. She has been a Lutheran pastor for over 16 years and has studied the Spirituality of Aging and Retirement, Practical Spirituality and Celtic Spirituality in Canada and Ireland. As a Baby Boomer she brings wit and wisdom to her presentations.



This event is co-sponsored by Aging Together and
Grace Lutheran Church

